



# Hypothyroidism Euthyrox<sup>®</sup>

Flexible dose. Precise control!



## Levothyroxine Patient Information

Your Doctor has prescribed Euthyrox<sup>®</sup> for the treatment of your hypothyroidism (low thyroid levels). Euthyrox<sup>®</sup> contains levothyroxine. Levothyroxine is a replacement for a hormone that is normally produced by your thyroid gland to regulate the body's energy and metabolism. Levothyroxine is given when the thyroid does not produce enough of this hormone on its own and therefore treats hypothyroidism (low thyroid hormone levels).

It may take several weeks before your body starts to respond to this medication. Do not start any other new medication without telling your Doctor, or stop taking this medicine suddenly.

The daily dose should be taken as a single administration on an empty stomach, half an hour before breakfast.

**Some medicines, conditions and other substances, when taken with levothyroxine, may increase or decrease levothyroxine levels.<sup>1,2</sup>**

- **Cholesterol lowering medicines such as colestyramine and colestipol**  
- Euthyrox<sup>®</sup> should be taken 4 to 5 hours prior to administration of these drugs
- **Aluminium - containing drugs (such as antacids), iron-containing drugs and calcium carbonate**  
- Euthyrox<sup>®</sup> should be taken at least 2 hours prior to administration of these drugs
- **Women using oestrogen-containing contraceptives or postmenopausal woman under hormone replacement therapy**  
- Discuss with your Doctor because your Euthyrox<sup>®</sup> dosage may need to be increased
- **Soy containing compounds**  
- Discuss with your Doctor because your Euthyrox<sup>®</sup> dosage may need to be increased
- **Coffee**  
- You should not drink coffee 60 minutes before or after taking your Euthyrox<sup>®</sup> dose
- **Pregnancy**  
- Discuss with your Doctor because your Euthyrox<sup>®</sup> dosage requirements may increase during pregnancy

**Follow your Doctor's guidelines on dosing. Take your Euthyrox<sup>®</sup> regularly and have your thyroid blood levels checked when recommended by your Doctor.**

For more information visit : [www.thyroidweek.com](http://www.thyroidweek.com) or [www.thyrolink.com](http://www.thyrolink.com)

Merck Serono



Hypothyroidism  
Euthyrox<sup>®</sup>

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My next TSH check-up is on: \_\_\_\_\_

My next appointment is on: \_\_\_\_\_